

## WISCONSIN PARKINSON ASSOCIATION

# Annual Report 2019-2020



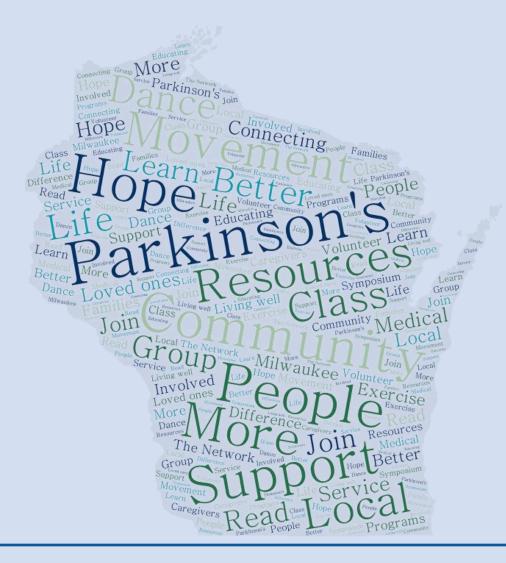
## WISCONSIN PARKINSON ASSOCIATION

### <u>Mission</u>

Providing hope, community, support, and resources for people with Parkinson's and their loved ones.

### **Vision**

A Parkinson's community inspired to live life with – and beyond – Parkinson disease.



#### A note from our leadership

The 2019-2020 fiscal year was a unique one for WPA, as it was for the world. Throughout the Covid-19 Pandemic we kept our community members engaged and have been inspired by the resiliency of the Parkinson's community as we continue to live life to the fullest – no matter what life brings. Your works, and your words, keep us determined to move forward.

During the toughest of times our direct services changed, but we pushed forward with new ways to meet our community's needs through virtual services including:

- Virtual Movement & Music: Parkinson's exercise classes on Facebook several times a week, in a group with over 350 members and counting.
- 22 "Ask the Expert" videos, providing you with wisdom from our state's top Parkinson's health providers.
- 500 wellness check phone calls, to ensure those who might be isolated had the resources they need.

We are proud of the services we were able to provide throughout the pandemic and are thrilled to begin to serve our community again in-person. Thank you for your support during these unprecedented times and always.

> Gary Garland Executive Director





#### **Board of Directors**

Jim Cantrell, President Rob McDonald, Vice President Ron Mohorek, Secretary Kate Brewer, Treasurer Dick Cosentino, Past President

Omar Andrade Craig Barbian Tom Brandt Kristine Everson Bill Forrester Ken Foster Peter Ginn Kate McDonald Fred Moseley Bob Norman Cheryl Prescott Ginger Wooster

#### <u>Staff</u>

Gary Garland, Executive Director Laurie Couillard, Group Engagement Carolyn Hahn, Communications Raven Hamilton, Administrative Services Jeremy Otte, Outreach & Education Mary Wood, Exercise Coordinator

#### Medical Advisory Committee

Rachel Biemiller, MD, Gundersen Health System Karen Blindauer, MD,

Froedtert & Medical College of WI Ryan Brennan, DO,

Froedtert & Medical College of WI Taylor Finseth, MD, Aurora Health Care Kathryn Gaines, DO, Aurora Health Care Lisa Kokontis, MD, Neuroscience Group Michael Schonberger, DO,

Gundersen Health System Katie Spangler, MD, Marshfield Clinic

### **Mission in Action**:

Hope, Community, Support, Resources

We are actively meeting our mission providing hope, community, support, and resources for people with Parkinson's and their loved ones.

### **Hope & Community**

"Whenever we begin to feel as if we can no longer go on, hope whispers in our ear to remind us that we are strong." "Robert M. Hensel

**SUPPORT GROUPS:** We work with over 200 support and exercise groups for people with PD and their caregivers across Wisconsin. Groups provide much needed peer-to -peer support, and may include fitness sessions and classes, discussion groups, educational speakers, updates on medical research, and strategies from experts for living healthier, fuller lives.

**CAREGIVER SUPPORT:** Caregivers often put the needs of the person they're caring for ahead of their own. WPA has resources for caregivers and is actively creating new opportunities for support.

**LEARN & PARTICIPATE:** Be involved at wiparkinson.org. Find information on support group meetings in your area, educational programs, our monthly enewsletter, and *Wisconsin Parkinson Magazine*, our quarterly magazine.





### **Support & Resources**

"Individually we are one drop. But together, we are an ocean." ~Ryunosuke Satoro

**PUBLIC AWARENESS AND EDUCATION:** We work to educate people with PD and the public through community-based programs and health fairs. These workshops in-

clude half-day events around the state, as well as our

annual full day symposium. We also have a role in advocacy through our involvement with the Unified Parkinson's Advocacy Council.

#### **INFORMATION AND REFERRAL:**

WPA supplies important information about PD and provides referrals to health professionals of all kinds, assisted living communities, support groups and more.



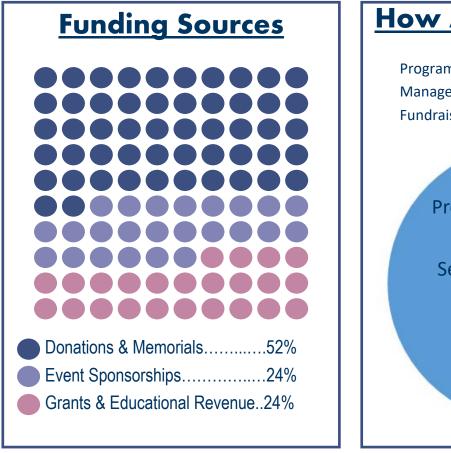
**MEDICAL ADVISORY COMMITTEE:** Consisting of doctors from various healthcare locations around Wisconsin, this committee provides medical oversight and advises on topics related to clinical care of people with PD.

**VOLUNTEER:** Individuals, family members and medical professionals all make great volunteers. We need people who can facilitate support groups, share their knowledge at conferences, workshops and support groups, coordinate fundraising events, and provide support and guidance for those who are newly diagnosed.

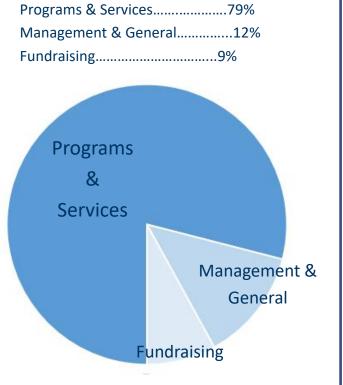




### **Financial Information**



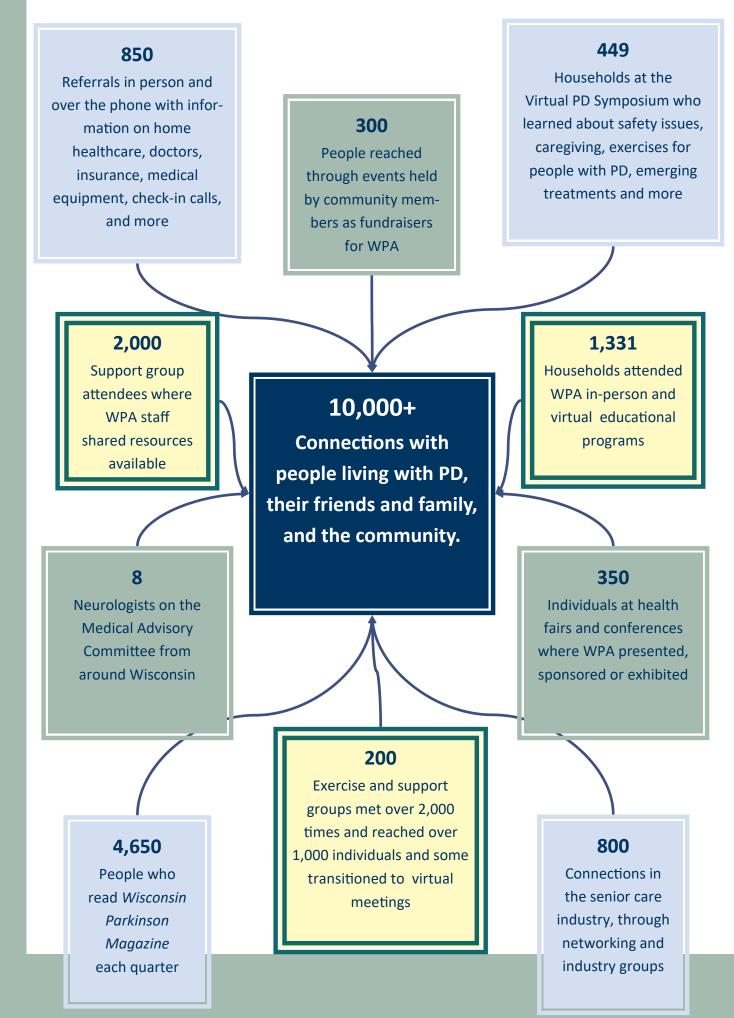
### How Are Gifts Directed?



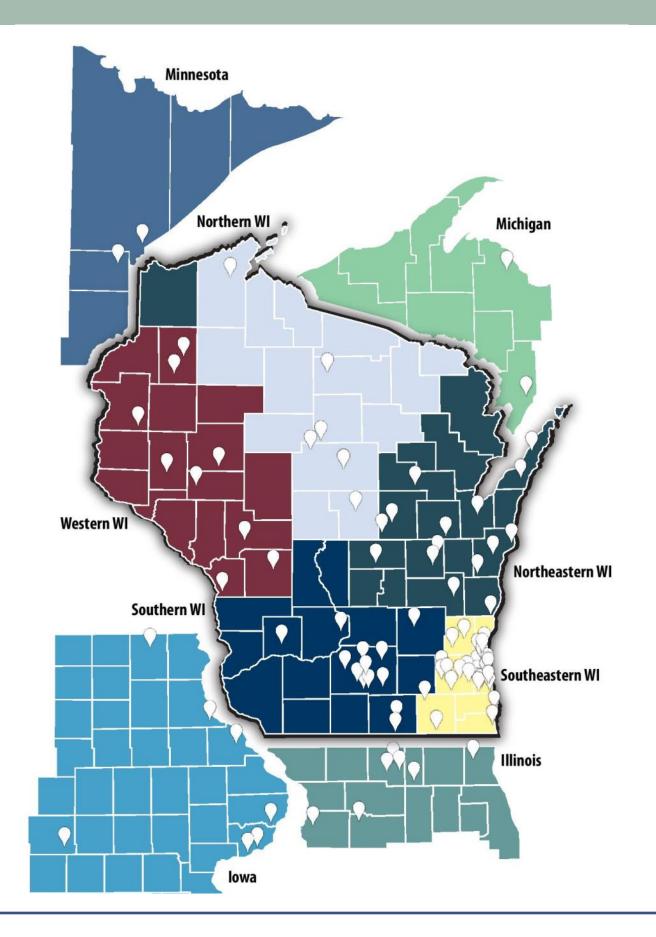
The financial information on this page is derived from Wisconsin Parkinson Association's audited August 31, 2020 financial statements, which contain an unqualified audit opinion by an independent accounting firm.

The complete, audited financial statements can be obtained online at wiparkinson.org.





### **Support & Exercise Groups**











Wisconsin Parkinson

Association

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