



Parkinson's EmPower Talks

Discussion Questions

Katie Spangler, MD

Low Blood Pressure: The Dangerous Drop

- 1. What did you learn from this podcast?**
- 2. Were you aware of this symptom of PD?**
- 3. If you have experienced low blood pressure, what are some ways you have successfully managed it?**
- 4. How are you going to try to incorporate more water in your day?**
- 5. Care partners, do you have any tips for tracking or managing low blood pressure at home?**
- 6. How do you feel about Dr Spangler's EmPowering advice?**