

Contraindicated Drugs in Cognitive Disorder Patients



Aminoglycoside Antibiotics

- Amikacin
- Gentamicin
- Streptomycin
- Tobramycin

Antidepressants

- Amitriptyline (Elavil)
- Amoxapine (Asendin)
- Clomipramine (Anafranil)
- Doxepin (Silenor)
- Desipramine (Norpramin)
- Imipramine (Tofranil)

SSRI

- Paroxetine (Paxil)

Anti-malaria Agents

- Chloroquine
- Hydroxychloroquine (Plaquenil)
- Quinine (all formulations) (Qualaquin)

Anti-Parkinson Agents

- Trihexyphenidyl (Artane)
- Amantadine (Symmetrel)
- Benzotropine (Cogentin)

Antiseizure

- Acetazolamide (Diamox)
- Carbamazepine (Tegretol)
- Oxcarbazepine (Trileptal)
- Pregabalin (Lyrica)
- Topiramate (Topamax)
- Valproic Acid (Depakote)
- Gabapentin (Neurontin)
- Zonisamide (Zonegran)

Antihistamines

- Brompheniramine* (Dimetapp)
- Chlorpheniramine* (Chlor-Trimeton)
- Cyproheptadine
- Diphenhydramine* (Tylenol pm/Advil PM)
- Procyclidine (Kemadrin)
- Scopolamine (Transdermal Scop)
- Triprolidine (Silafed/Aprodine)
- Meclizine* (Bonine/Travel-Ease)

Beta-Blockers

- Metoprolol (Lopressor, Toprol XL)
- Carvedilol (Coreg)
- Atenolol (Tenormin)
- Propranolol (Inderal)
- Labetalol (Trandate)
- Bisoprolol (Cardicor/Congeskor)
- Timolol (Timoptol)
- Nadolol (Corgard)

Corticosteroids

- Prednisone
- Methylprednisolone (Medrol)
- Dexamethasone (Decadron)
- Hydrocortisone (Cortef)
- Cortisone

Fluoroquinolone Antibiotics

- Telithromycin
- Ciprofloxacin (Cipro)
- Delafloxacin
- Levofloxacin (Levaquin)
- Moxifloxacin
- Norfloxacin
- Ofloxacin (any formulation)

Immune Checkpoint Inhibitors

- Ipilimumab (Yervoy)
- Pembrolizumab (Keytruda)
- Atezolizumab (Tecentriq)
- Nivolumab (Opdivo)

Pain Medications

- Oxycodone (Oxycontin, Roxicodone)
- Hydrocodone
- Morphine (MS Contin)
- Hydromorphone (Dilaudid)
- Codeine
- Fentanyl

Skeletal Muscle Relaxants

- Cyclobenzaprine (Flexeril)
- Orphenadrine (Norflex)
- Baclofen (Lioresal)

Sleep Aids/Antianxiety

- Zolpidem (Ambien)
- Eszopiclone (Lunesta)
- Temazepam (Restoril)
- Lorazepam (Ativan)
- Diazepam (Valium)
- Alprazolam (Xanax)
- Zaleplon (Sonata)
- Clonazepam (Klonopin)

Statins

- Atorvastatin (Lipitor)
- Rosuvastatin (Crestor)
- Lovastatin (Altoprev)
- Simvastatin (Zocor)
- Pravastatin (Pravachol)
- Fluvastatin (Lescol XL)

Urinary/GI Antispasmodics

- Dicyclomine (Bentyl)
- Tolterodine tartrate (Detrol)
- Oxybutynin (Oxytrol)
- Darifenacin (Enablex)
- Hyoscyamine (Levsin, Hyosyne)
- Diphenoxylate/Atropine (Lomotil)
- Clidinium
- Glycopyrrrolate
- Trospium (Sanctura)
- Flavoxate (Urispas)
- Fesoterodine (Toviaz)
- Solifenacin (Vesicare)

Miscellaneous

- Desferoxamine (Desferal)
- Iodinated radiologic contrast agents
- Magnesium (IV)
- Procainamide
- Botox (Onabotulinumtoxin A)

Consider These Preferred Agents:

Agents for Sleep

- Melatonin*
- Ramelteon (Rozerem)

Agents for Urinary Incontinence

- Mirabegron (Myrbetriq)

Antihistamines*

- Loratadine (Claritin)
- Fexofenadine (Allegra)
- Cetirizine (Zyrtec)

Topical*

- Oxymetazoline (Afrin)
- Fluticasone (Flonase)
- Mometasone (Nasonex)
- Budesonide (Rhinocort)
- Triamcinolone (Nasocort)

*May be found over the counter (non-prescription)

The drugs listed on this card have the potential to interfere with the treatment of cognitive disorders.

Anticholinergic drugs are commonly used in elderly patients for the treatment of bladder dysfunction, vertigo, nausea and arrhythmias.

This class of medicines is proven to adversely alter cognition in those with dementia and cancel the beneficial use of memory enhancing drugs.

Please contact your care team as this is not an all-inclusive list. Always ask your doctor before starting or discontinuing any medication.



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