

Contraindicated Drugs in Parkinson Disease Patients



Anti-Dopaminergic Agents

Antinausea

- Droperidol
- Metoclopramide (Reglan)
- Perphenazine
- Prochlorperazine (Compro)
- Methylene blue (ProvayBlue)
- Promethazine (Phenergan, Promethagran)

Antipsychotics

Typical

- Chlorpromazine
- Fluphenazine
- Haloperidol (Haldol)
- Loxapine (Adasuve)
- Molindone
- Pimozide
- Thioridazine
- Thiothixene
- Trifluoperazine
- Trimeprazine

Atypical

- Aripiprazole (Abilify)
- Asenapine (Saphris)
- Brexpiprazole (Rexulti)
- Cariprazine (Vraylar)
- Iloperidone (Fanapt)
- Lumateperone (Caplyta)
- Lurasidone (Latuda)
- Olanzapine (Zyprexa)
- Paliperidone (Invega)
- Risperidone (Risperdal)
- Ziprasidone (Geodon)

Antidepressants: Avoid unless benefits outweigh risk

Tricyclic

- Amoxapine
- Clomipramine (Anafranil)
- Doxepin (Silenor)
- Desipramine (Norpramin)

Antibiotic

- Linezolid (Zyvox)

MAOI inhibitors

- Isocarboxazid (Marplan)
- Phenelzine (Nardil)
- Tranylcypromine (Parnate)

Misc.

- Methylidopa
- Divalproex sodium (Depakote)
- Lithium (Lithobid or Eskalith)

If on MAOI-B (Selegiline, Rasagiline, Safinamide), avoid

Pain Medications

- Tramadol (Ultram)
- Meperidine (Demerol)
- Methadone (Dolophine)

Muscle Relaxants

- Cyclobenzaprine (Flexeril)

Antidepressants

- (SSRI & SNRI can be used with caution at low dose)

Over the counter cough & cold

- Dextromethorphan
- Ephedrine
- Phenylephrine
- Pseudoephedrine
- St John's Wart

Preferred Alternatives

Antipsychotics

- Pimavanserin (Nuplazid)
- Clozapine (Clozaril)
- Quetiapine (Seroquel)

Antidepressants

- SSRI & SNRI drug classes
- Nortriptyline

Contraindicated Drugs in Parkinson Disease Patients

The drugs listed on this card have the potential to cause or worsen the symptoms of Parkinson disease and should not be prescribed for an individual with a Parkinson diagnosis.

Please contact your care team as this is not an all-inclusive list. Always ask your doctor before starting or discontinuing any medication.



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ASSOCIATION

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